

A Day Out to Lake Vyrnwy – 13th July

It's always been the case that, in between 'official' Section events and runs, smaller groups may decide to have an impromptu day out. If anything this became more likely during the Covid pandemic when there were restrictions on our activities and/or on the size of groups that were allowed to meet. This was such a day out, when 10 people met up at Bayston Hill Services near Shrewsbury and from there ventured into Wales to go via Knockin and Llangynog to Bala then and up to Bwlch y Groes, the highest tarmac road in Wales and one of the VMCC 75th Anniversary Scatter Rally locations. We had just got our bikes lined up at Bwlch and I was wishing there was a passer-by to take our picture when a cyclist arrived, having pedalled his way up and he did the job for us. From there we descended to the Lake Vyrnwy Hotel for refreshments before making our way home – 130 miles in the day for me from and back to Bridgnorth, but another 40 or 50 more than that for most people. This was just as the July heatwave was limbering up, we had a lovely day but not uncomfortably hot, as it would have been a day or two later.

David Spencer

